

# EPILEPSY DIARY



SEIZURE  
TRACKER



MY  
EPILEPTIC  
PET [myepilepticpet.co.uk](http://myepilepticpet.co.uk)

**tvm**  
A DÔMES PHARMA BRAND  
**DP** | DÔMES  
PHARMA



# SEIZURE TRACKER

Owner's name:

Name of pet:

Pet's date of birth:

Species: Dog

Cat

Breed:

Date of first seizure:

**REMEMBER**  
the golden rules for  
managing a seizure:

**C**

**STAY CALM**

**C**

**CUSHION THE  
SURROUNDINGS**

**C**

**CONTROL THE  
SITUATION\***

\*If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.

# Notes on completing this diary

It is important to keep a seizure diary in order to monitor your pet's epilepsy and spot any patterns.

**PAGES 2-37** contain seizure tables for you to complete:





**Date:** to determine the frequency of seizures and spot any change

**Seizure type:** generalised or focal

**Time and duration:** to spot any pattern and any changes.

**Recovery:** the time it takes your pet to recover is just as important as describing the seizure itself.

Tick the applicable box using the following colour codes:

-  Very quick (1-15 minutes)
-  Quick (15 minutes - 2 hours)
-  Slow (2-24 hours)
-  Very slow (1 or more days)

**Comments:** use this space to record any other information about the seizure or recovery that you think may be important (e.g. behaviour before and after the seizure).

**Current treatments:** to help you monitor your pet's medication.

↑ Record the time passed between  
↓ two seizures.

**PAGES 38-41** contain graphs to help you monitor the seizures over time.

**PAGES 42-43** contain tables for tracking your pet's weight.


YOU CAN ALSO FIND MORE INFORMATION ONLINE:

**myepilepticpet.co.uk**



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**FURTHER COMMENTS**  
(vet appointments, blood tests, diet etc.)

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FURTHER COMMENTS  
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FURTHER COMMENTS  
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**FURTHER COMMENTS**  
 (vet appointments, blood tests, diet etc.)

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**FURTHER COMMENTS**  
(vet appointments, blood tests, diet etc.)

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FURTHER COMMENTS  
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**FURTHER COMMENTS**  
 (vet appointments, blood tests, diet etc.)

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Date of Seizure	Time of Seizure	Duration of Seizure	Recovery (Duration)	Comments	Current treatments
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**FURTHER COMMENTS**  
(vet appointments, blood tests, diet etc.)

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FURTHER COMMENTS  
(vet appointments, blood tests, diet etc.)


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**FURTHER COMMENTS**  
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**FURTHER COMMENTS**  
 (vet appointments, blood tests, diet etc.)

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**FURTHER COMMENTS**  
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**FURTHER COMMENTS**  
 (vet appointments, blood tests, diet etc.)

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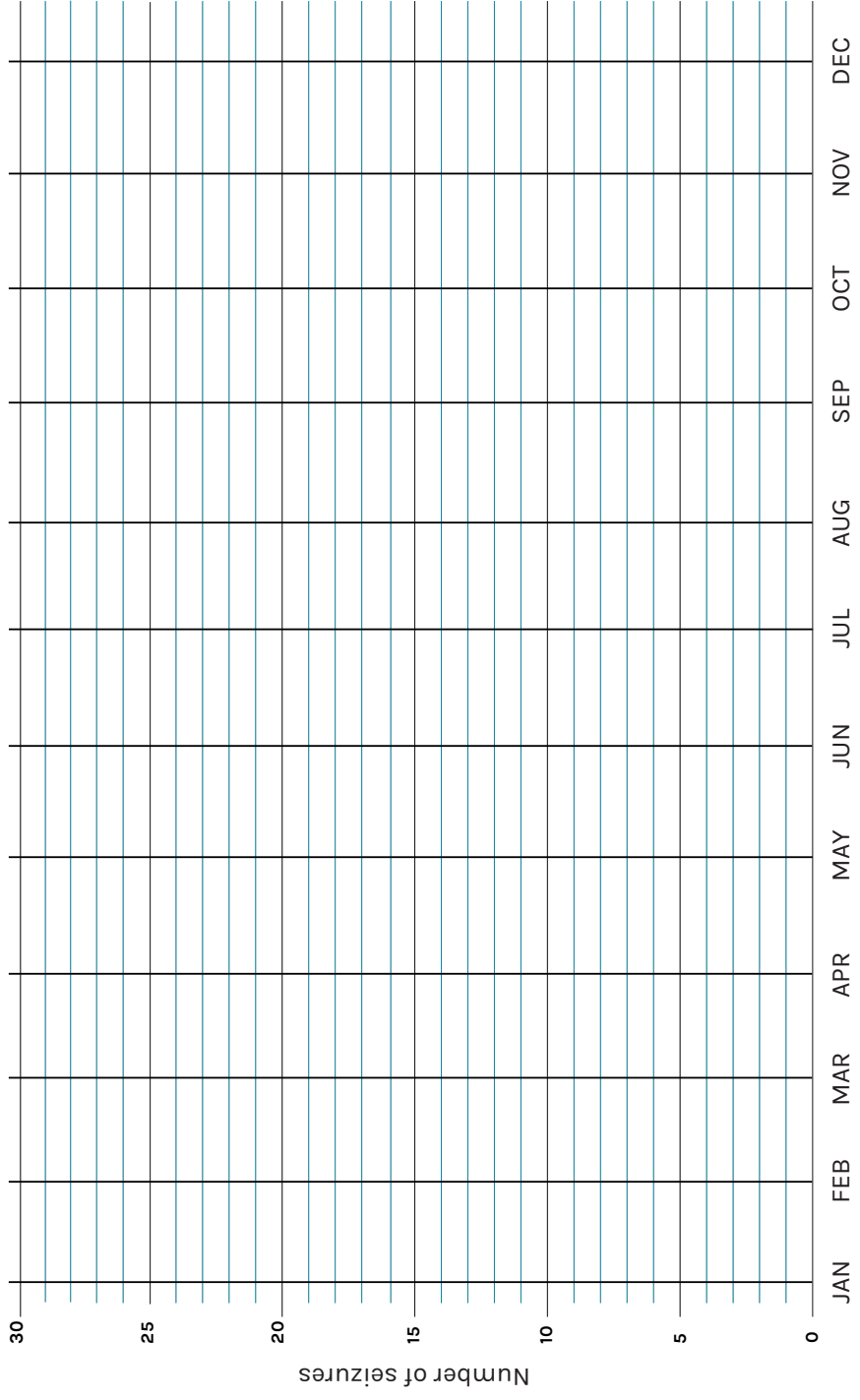
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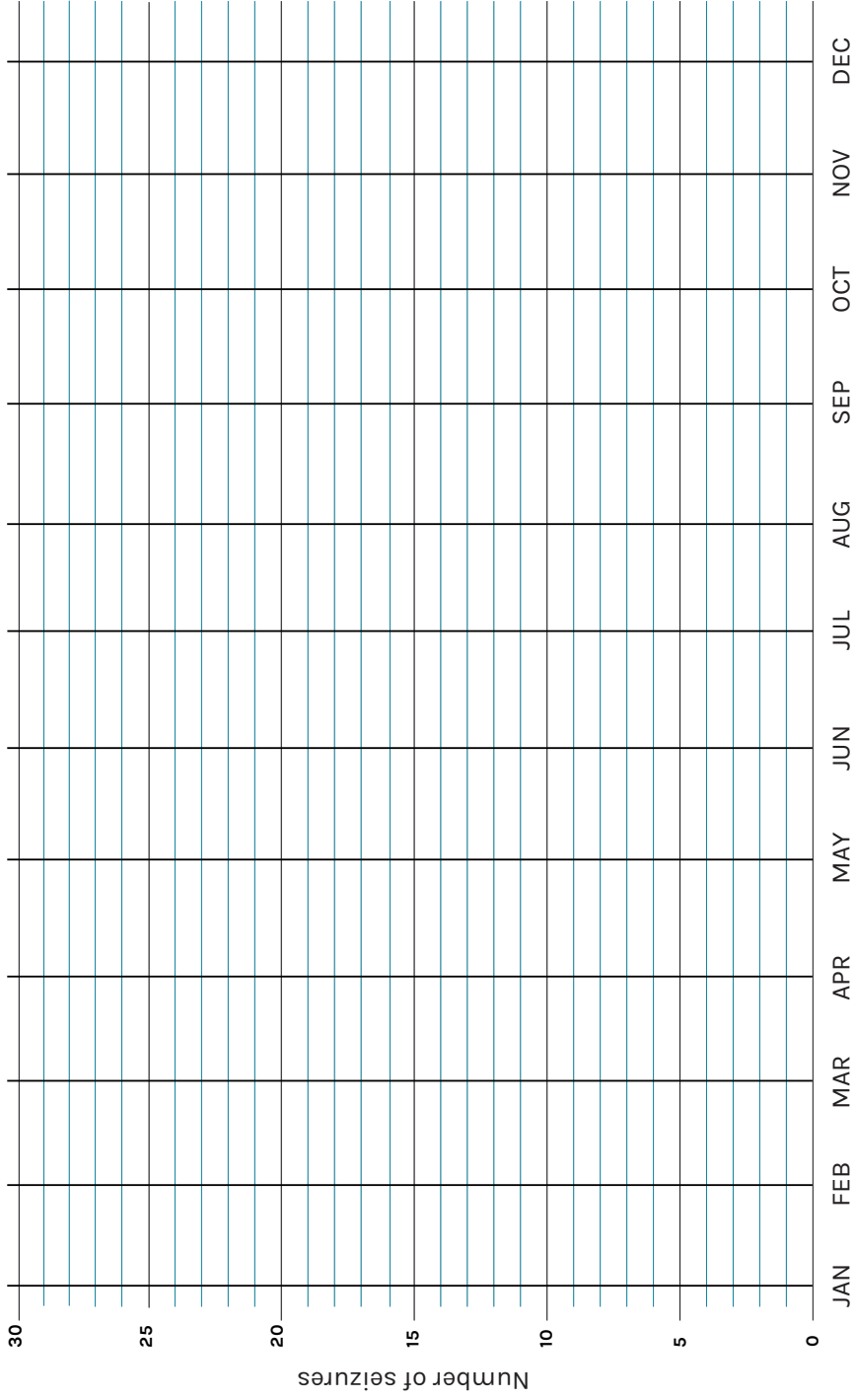
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# SEIZURE OVERVIEW: YEAR 20\_\_-\_\_

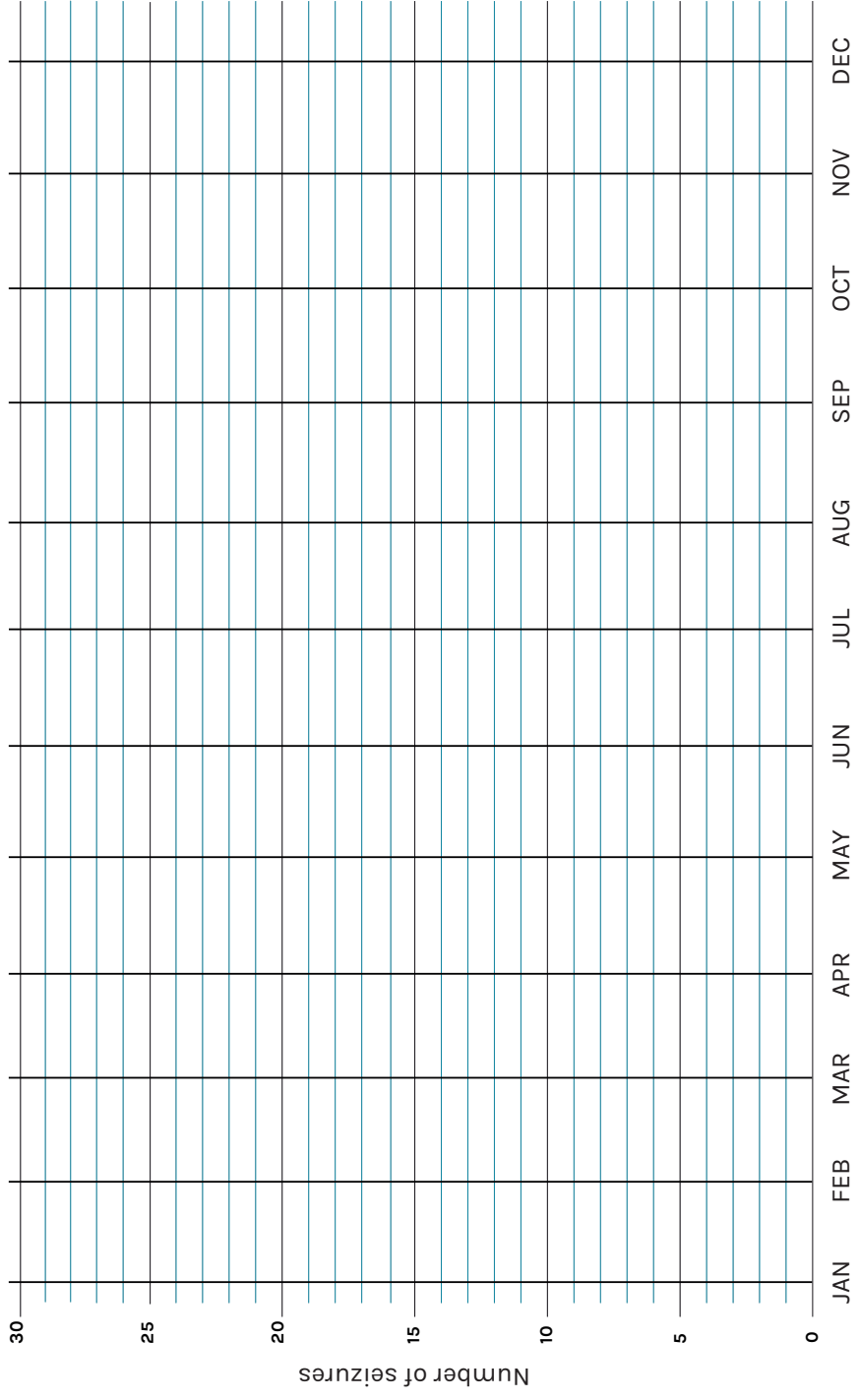




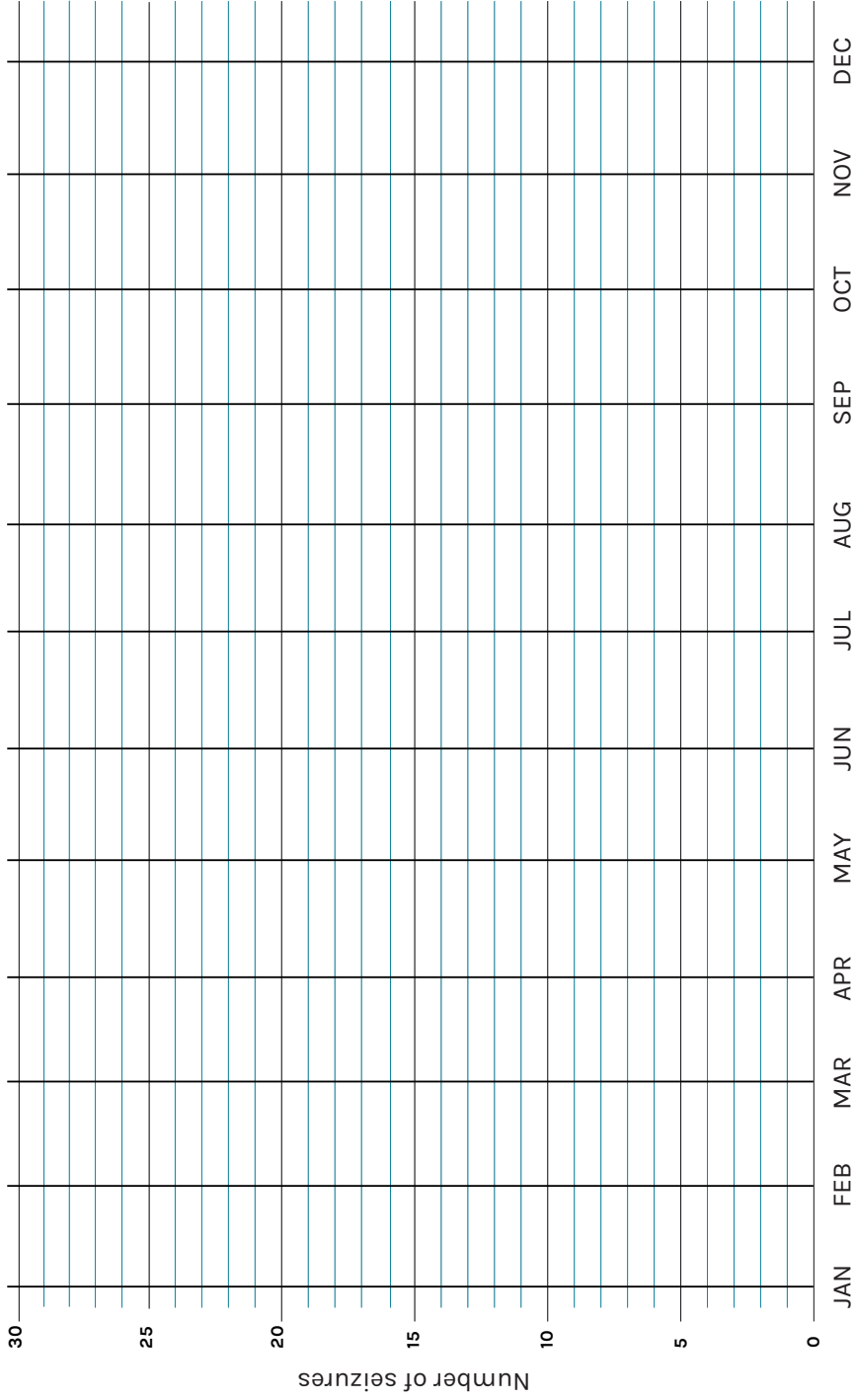
# SEIZURE OVERVIEW: YEAR 20\_\_-\_\_



# SEIZURE OVERVIEW: YEAR 20\_\_-\_\_



# SEIZURE OVERVIEW: YEAR 20\_\_-\_\_





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# WHAT TO DO DURING A SEIZURE?



## STAY CALM

The seizure should not last long and should stop by itself. Your pet is not suffering.



## CUSHION THE SURROUNDINGS

Make sure your pet can't hurt themselves. Keep any children and other pets away.



## CONTROL THE SITUATION

If the seizure doesn't stop within a couple of minutes, or if more seizures happen in quick succession, you should contact your vet immediately.



MY  
**EPILEPTIC**  
PET [myepilepticpet.co.uk](http://myepilepticpet.co.uk)

**tvm**  
A DÔMES PHARMA BRAND  
**DP** | DÔMES  
PHARMA

For further information please contact TVM-UK Animal Health Ltd, Kirtlington Business Centre, Slade Farm, Kirtlington, Oxfordshire, UK. OX5 3JA. Tel. 0800 0385868. Email [help@tvm-uk.com](mailto:help@tvm-uk.com)